

CHEER CITY – SPRING OPEN

Venue Address

University of Warwick
Sports & Wellness Hub
Cryfield Village
Leighfield Road
CV4 7EU

Below are the meet and compete times for all teams competing at Cheer City, Spring Open. Your arrival time is the latest you are expected to be present at the venue. Meet time is the time your coach will meet you to go to warm up. All athletes must be present at the competition venue at your stated ARRIVAL time, in full uniform with hair and make up completed. Please allow time for parking and getting through any queues that may be present on the day.

Athlete wristbands are required to gain access to the venue (these will be handed out in athletes final training sessions along with spectator tickets booked through the academy).

On arrival, please report to the assigned team mom for registration. Please make sure you are ready at your meet time and have made toilet visits etc in good time. All team members are expected to support all SA Academy teams throughout the competition day or at least for your session entry. Academy spectators should aim to find an area together which may be used as the meet location point. However, please keep an eye on your WhatsApp groups for updates regarding meeting points on competition day. Where possible, we ask all SA supporters to wear SA apparel or blue to the event in support of the teams.

Saturday 7th March – Doors open 8am

TEAM	ARRIVAL	MEET TIME	COMPETE	AWARDS
Sky	1.45pm	2.45pm	3.20pm	3.35pm

Sunday 8th March – Doors open 8am

TEAM	ARRIVAL	MEET TIME	COMPETE	AWARDS
Periwinkle	8.00am	8.20am	8.55am	9.40am
Baby Blues	8.00am	9.00am	9.35am	11am
Blueberries	8.45am	9.45am	10.20am	12.25pm
Mini Blues	9.10am	10.10am	10.45am	12.25pm
Pandora	10.15am	11.15am	11.50am	12.25pm
Tanzanite	1.35pm	2.35pm	3.16pm	4.06pm

Awards

Athletes must attend awards in their competition uniform with no cover ups, cheer shoes and hair still in place. After the awards you will be free to take pictures with the banner/trophy and then must return it to the team mom to be brought back to the academy.

Hair and Make-Up

If you have not purchased the cheer pony tail, hair must be a high curly pony tail. Please make sure fringe and baby hairs are scraped back and secured. Ponytails should be as high as possible (preferably a palms width from the hairline). Bows should be secured with extra bobble/hair pins. Volume can be added to the top of the ponytail to help secure bows in place. Athletes with hair length above the shoulders are permitted a half up half down style. Fringe should still be pinned back where possible. If wearing a stranded hair piece, please make sure these are secured appropriately using zip ties or sewing in to buns. We encourage all athletes to wear these during their final practises if they have not worn one before.

All athletes MUST wear red lipstick (not optional). Please use a lip stain, lip pencil or matte lipstick that wont smudge. Eye make-up is optional for all U12 teams. U14 and above should aim for a smoky bronzed eye. Fake eyelashes are permitted but please make sure you use a string eyelash glue and choose an appropriate length for competing.

Uniforms

Please make sure any bra strap are appropriate for the competition uniform and are not visible. White trainer socks only are permitted for cheer, with no visible colours or ankle socks allowed. All jewellery should be removed, including clear plugs and hair bands on wrists. We will not be responsible for any jewellery that has to be removed in the warm up room.

Competition Checklist

- Competition uniform
- Cheer trainers
- Bows
- White trainer socks
- Athlete wristband
- Make-Up
- Hairspray
- Hair grips
- Asthma Inhalers
- All Jewellery removed