

FC Internationals Information

Venue Address

Bournemouth International Centre
Exeter Road
Bournemouth
BH2 5BH

Below are the meet and compete times for all teams competing at FC Internationals. Your arrival time is the latest you are expected to be present at the venue. Meet time is the time your coach will meet you to go to warm up. All athletes must be present at the competition venue at your stated arrival time, in full uniform/costume with hair and make up completed. Please allow time for parking and getting through security for the venue.

Athlete wristbands are required to gain access to the venue (these will be handed out in athletes final training sessions). We will not be responsible for lost or forgotten passes, which may incur an additional fee. Spectator tickets should have been ordered separately and will be collected at the Box Office at the BIC. Please see opening times below for collection:

Thursday 6-8pm

Friday 7am-9pm

Saturday 7am-9:30pm

Sunday 7am-8pm

On arrival, please report to the assigned team mom for registration (noted in the WhatsApp group). Please make sure you are ready at your meet time and have made toilet visits etc in good time. All team members will have access to all halls, all weekend to spectate and we encourage you to support as many SA teams as possible over the competition weekend. Where possible, we ask all SA supporters to wear SA apparel or blue to the event in support of the teams.

Friday 26th June

	Arrival	Meet	Compete	Arena	Division
Tanzanite	8am	8:15am	9:16am	Purbeck	Large U14 Level 1
Slate	8am	8:35am	9:36am	Windsor	Large U14 Level 2A
Midnight	9:05am	10:05am	11:04am	Purbeck	Small U14 Level 1B
Turquoise	1:15pm	2:15pm	3:13pm	Windsor	Small U12 Level 1B
Electric	3:30pm	4:30pm	5:29pm	Windsor	Large U14 Level 3
Bubblegum	3:35pm	4:45pm	5:46pm	Purbeck	Large U10 Level 1

Saturday 27th June

	Arrival	Meet	Compete	Arena	Division
Ocean	7am	7:15am	8:12am	Purbeck	U10 Lyrical/Contem
Royal	7:25am	8:25am	9:24am	Purbeck	U12 Lyrical/Contem
Aquamarine	7:45am	8:45am	9:48am	Purbeck	U10 Hip Hop
Cobalt	10:25am	11:25am	12:27pm	Purbeck	U14 Hip Hop
Steel	10:50am	11:50am	12:51pm	Purbeck	U18 Hip Hop
Aqua	12:00pm	1:00pm	1:57pm	Windsor	Large NT Level 5
Indigo	2:00pm	3:00pm	3:59pm	Purbeck	U18 Jazz
Sapphire	4:15pm	5:15pm	6:15pm	Purbeck	IO Lyrical/Contem
Teal	4:30pm	5:30pm	6:28pm	Windsor	Small Senior Level 3B

Sunday 28th June

	Arrival	Meet	Compete	Arena	Division
Opal	11:45am	12:45am	1:45pm	Purbeck	Large Senior Level 2
Neon	12:30pm	1:30pm	2:45pm	Windsor	U18 Coed Level 5
Mystique	5:20pm	6:20pm	7:19pm	Windsor	U16 Level 4

Awards

Below are the times for each teams awards and the location. Please note, crossover athletes must prioritise their meet times for competing if there are any conflicts with award ceremonies. Athletes must attend awards in FULL uniform. This includes hair and make up still in place, cheer shoes on and no cover ups. After the awards you will be free to take pictures with the banner/trophy and then must return it to the team mom to be brought back to the academy.

Tregonwell Hall is located on the top floor next to the Purbeck Hall arena. The Pavillion is located outside of the venue, across the road and is a short walk away. Please note, there are often queues to get in to the awards sessions at the Pavillion and in the past they have stopped entry if the hall has reached capacity.

Friday teams:

Tanzanite	Tregonwell	1:00pm
Midnight	Tregonwell	2:00pm
Slate	Pavillion	2:00pm
Turquoise	Pavillion	5:30pm
Electric	Windsor	7:15pm
Bubblegum	Tregonwell	8:30pm

Sunday teams:

Opal	Tregonwell	4:30pm
Neon	Pavillion	5:45pm
Mystique	Pavillion	8:30pm

Saturday teams:

Ocean	Tregonwell	10:30am
Royal	Tregonwell	10:30am
Aquamarine	Tregonwell	11:30am
Cobalt	Tregonwell	2:00pm
Steel	Tregonwell	2:00pm
Aqua	Pavillion	3:45pm
Indigo	Tregonwell	5:00pm
Sapphire	Tregonwell	7:30pm
Teal	Pavillion	8:30pm

Following the first initial awards, teams that have placed first in their respective division may then be eligible for further speciality awards. You will only need to attend these award sessions in this instance.

Supreme Champions: awarded to the overall highest scoring team when divisions have been split multiple times e.g. small & large, A&B splits.

Grand Champions: awarded to the overall highest scoring team across multiple divisions or across one single age group.

Friday Supreme and Grand Champion Awards

Tanzanite/Midnight	U14 Level 1 Supreme Champion	2:00pm	Tregonwell
Slate	U14 Level 2 Supreme Champion	2:00pm	Pavillion
Turquoise	U12 Level 1 Supreme Champion	6:45pm	Windsor
Bubblegum	U10 level 1 Supreme Champion	8:30pm	Tregonwell
Bubblegum	U10 Grand Champion	9:30pm	Tregonwell
Slate/Tanzanite/Midnight	U14 Grand Champion	7:45pm	Windsor
Turquoise	U12 Grand Champion	9:30pm	Tregonwell

Saturday Supreme and Grand Champion Awards

Ocean	U6/U8/U10 Lyrical Supreme Champion	11:30am	Tregonwell
Aquamarine	U6/U8/U10 Hip Hop Supreme Champion	11:30am	Tregonwell
Ocean/Aquamarine	U6/U8/U10 Grand Champion	11:30am	Tregonwell
Royal	U12/U14 Lyrical Supreme Champion	5:00pm	Tregonwell
Cobalt	U12/U14 Hip Hop Supreme Champion	5:00pm	Tregonwell
Royal/Cobalt	U12/U14 Dance Grand Champion	5:00pm	Tregonwell
Aqua	Grand Champion	5:45pm	Pavillion
Teal	Grand Champion	9:30pm	Windsor
Indigo	Jazz Supreme Champion	9:45pm	Purbeck
Indigo	Grand Champion	9:45pm	Purbeck
Sapphire	Grand Champion/Worlds Bids	9:45pm	Purbeck

Sunday Supreme and Grand Champion Awards

Neon	Grand Champion	5:45pm	Pavillion
Opal	Grand Champion	7:00pm	Pavillion
Neon	Bid Announcements	9:00pm	Windsor
Mystique	Grand Champion	9:30pm	Windsor

Hair

Cheer:

Hair for all cheer teams is a high curly ponytail. Please make sure fringe and baby hairs are scraped back and secured. Ponytails should be as high as possible (preferably a palms width from the hairline). Bows should be secured with extra bobble/hair pins. Volume can be added to the top of the ponytail to help secure bows in place. If wearing a hair piece to compete, please ensure this is secured tightly using hair grips or cable ties to ensure they stay in place.

Dance:

Ocean & Royal - Low bun with a centre parting & hair slide.

Aquamarine - Low ponytail with centre parting & bubble braid.

Cobalt, Steel, Indigo & Sapphire - Low ponytail with centre parting

Makeup

All athletes must wear a red lipstick (not optional). Please use a lip stain, lip pencil or matte lipstick that won't smudge. Eye make-up is optional for all U10

teams. U12 and above should aim for a smoky bronzed eye. Fake eyelashes are permitted but please make sure you use a strong eyelash glue and choose an appropriate length for competing.

Uniforms/Costumes

Please make sure any bra straps are appropriate for the competition uniform/dance costumes and aren't visible. White trainer socks only are permitted for cheer, with no visible colours or ankle socks allowed. Lyrical teams need to be wearing skin colour pants and dance tights.

All jewellery should be removed, including clear plugs and hair bands on wrists. We will not be responsible for any jewellery that has to be removed in the warm up room.

Competition Checklist

Competition uniform/dance costume
Cheer trainers/dance shoes
Bow
Dance hair accessories
White trainer socks
Skin colour tights & pants (lyrical teams)
Athlete wristband
Make up
Hair spray
Hair grips
Asthma Inhalers
All jewellery removed